

Comments

Asian Pacific American Community Newspaper Serving Sacramento and Yolo Counties - Volume 29, No. 3 Fall/October 2016

Register & Vote

Will you be 18 years old and a US citizen by November 4th? YES?? YOU GET TO VOTE!! But you need to register to vote by Monday October 24th.

You can register to vote online at sos.ca.gov (Secretary of State website), ask your local county elections office to send you a voter registration form or go in person to your local elections office. Voter registration forms online are available in 12 languages.

API vote sought by major parties

While much attention is focused on Hispanic and black voters, Asian Pacific Islander are the single fastest growing demographic group and that has drawn the attention of major political parties. In states like Nevada and Virginia, where polls show that the presidential race is down to single digits, the API vote can swing the outcome of national and local elections. API voters are 8.5 - 9% of the voters in Nevada, 5 - 6.5% in Virginia, 7% in New Jersey, 3.1% in Minnesota, and 15% in California. In a tight race, the API vote can make a difference. Nine million APIs will be eligible to vote in November, up 16% from four years ago. Nationally, API voters are about 4%.

Both parties are flocking to ethnic festivals like the Autumn Moon celebrations to reach out to new voters and voters who need to update their registrations. Both parties are knocking on doors, canvassing neighborhoods, buying ads in API languages. Registration campaigns are also using direct mail. Since about one-third of the API community doesn't speak fluent English, reaching the API community is particularly challenging.

The API voter pool is also remarkably diverse. In Virginia, 47,000 identify themselves as Indians, 41,000 are Korean, 26,000 Chinese and 15,000 Pakistani. APIs may speak over 50 languages and practice a wide range of religions. But APIs tend to vote as a block and increasingly lean Democratic. A national poll found a 12 point increase in those APIs who identify as Democrats since 2012, up to 47% from 35%. This pattern is not surprising says Bill Frey, a senior fellow at the Brookings Institute, "Even among Hispanic communities they don't necessarily think of themselves as a block, but in general elections they tend to band together,"

An Asian and Pacific Islander American Vote survey showed that 23% of APIs consider themselves liberal, 19% conservative, and 48% moderate.

In the 2000 presidential vote, Al Gore won the API vote by 14 points (55% to Gore, 41% to George W. Bush), but Bush won the presidency any way. In 2012, APIs gave Obama 73% of their vote, Romney got 26%.

API political involvement has also increased. The number of APIs running for Congress rose to 40 this year; there were just eight candidates eight years ago.

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Sacramento APIs targeted by robbers

The Sacramento police announced that about 20 people have been arrested for armed robberies targeting API residents. The police say that the suspects do not appear to be connected, but they used the same tactics and targeted the same south Sacramento neighborhoods.

The robberies started about four months ago. Fourteen robberies were reported in August and eight in September. The police attributed the decline to their stepped up community outreach and concentrated patrol. The police have held seven community meetings and have two more scheduled. Local residents say many crimes have not been reported when the criminals ran away or the victim has no confidence that a crime report will be effective.

The robberies have been in commercial parking lots and residential areas. Victims are getting robbed at gunpoint while getting out of their cars in the driveway, in their own garages, or in a parking lot. Victims have been hit or shot by the perpetrators. The crimes are at night between 8pm and 2am, but also during daylight hours. The majority of the victims have been alone, but there are cases where a family was attacked. API businesses in south Sacramento have been robbed with money taken from auto burglaries or cars vandalized. The robbers are working with partners. They are using guns. More women than men have been attacked. It is believed that 300-400 Chinese have been victimized over the past months. The victims have been followed home, rushed and robbed there. In many cases, the criminals took off with large amounts of cash.

Through August 24, police have taken 63 robbery reports, up from 38 during the same period in 2015 and there were only 28 in 2014. Home invasions in the area were six by August in 2015 and 14 have been reported so far this year.

A self-organized volunteer neighborhood watch group formed when they felt that law enforcement was not doing anything. They formed a chat group on WeChat, a Chinese ...
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OPINION

The Mystery of Jewish and Asian-American Democratic Loyalty

By Tevi D. Troy
And Lanhee J. Chen

Many of this year's college graduates will cast a vote in a presidential election for the first time in November. If they are Jewish or Asian-American, as we are, the odds are that they will vote Democratic. Among Jews, 78% backed Barack Obama in 2008, and 70% did in 2012, despite a foreign policy that at best could be described as rough on Israel. Asian-American support for Mr. Obama grew between 2008 and 2012, from 62% to an even more lopsided 73%. What accounts for this overwhelming support for Democrats?

Several reasons are typically given for Jewish loyalty to the Democratic Party: President Harry Truman's post-World War II support for Israel; the socialist tendencies brought by Eastern European Jewish immigrants; fear of Christian anti-Semitism; and the Jewish attachment to *tikkun olam* (literally, "repair of the world," but often conflated with social action).

Liberal commentators are fond of

associating the more recent leftward tilt of Asian-Americans with hostile rhetoric toward immigrants coming from some Republican candidates, as well as support for progressive positions on issues such as health care, economic policy and even racial preferences. But the Asian-American community is diverse and includes many different ethnicities—from Indians to Chinese to Vietnamese—that cannot be characterized as having a monolithic view on any of these issues.

So what accounts for the predominance of liberalism among both Jews and Asian-Americans? Perhaps it's higher education. In the U.S. population at large, the possession of a college or postgraduate degree has been a predictor of Democratic Party affiliation. We believe, in particular, that the liberal leanings of many professors at elite schools likely play an important role.

Jewish and Asian parents have long pressed their children to attend top universities. Despite obstacles like higher standards for admissions, both groups are disproportionately represented at those schools.

Though they account for only about 2% of the U.S. population, according to Hillel's Guide to Jewish Life at Colleges and Universities, Jews represent 10% of undergraduates at Princeton, 12% at Harvard and 27% at Yale. Asian-Americans are about

Progressive proselytizing at top universities may explain why so many Jews and Asians are liberals.

5% of the U.S. population, yet make up 22% of the class of 2019 at Princeton, 21.8% at Yale, and 21.1% of the admitted class at Harvard.

Once there, these students—who have heard for their whole lives about the importance and perhaps even near divinity of these elite schools—are exposed to unrelenting progressive messaging from many of their professors, administrators and fellow students. No surprise, then, that after four years they emerge as liberals, vote for Democrats and re-

tain their political affiliation well into adulthood.

These political affiliations remain despite socioeconomic factors that might suggest greater support for conservative causes and candidates—and wariness of Democrats who seem to regard success as shameful and higher taxes as a cure-all. For example, 25% of Jewish households in the U.S. have annual incomes over \$150,000, according to a 2013 Pew Research Center survey, compared with only 8% of American households generally. And despite differences between different ethnicities, the Asian-American median household income of \$72,689 is about \$20,000 higher than the U.S. average, according to U.S. Census Bureau data.

The progressive proselytizing during the college years doesn't always have the intended effect: Both authors of this piece emerged from Ivy League institutions as staunch conservatives. One of us even teaches at an elite university. But we can also attest to the veneration these schools were granted in our childhood homes.

Will this trend continue in the decades ahead? It's impossible to say, but it's not too soon for Jewish and Asian freshmen to start thinking about where their long-term interests lie. To them we say: Congratulations on your achievement, but don't let it cloud your political judgment. Now that you're heading to university, you need not sublimate your own views to impress your professors or others around you. College is an opportunity to explore, question and think—not merely to accept as dogma all that is heard in the classroom and on campus.

While parents have every reason to be proud as well, they should maintain a watchful eye. Those college-tuition payments should be going toward their children's education, not their indoctrination.

Mr. Troy is a presidential historian and former White House Jewish liaison under George W. Bush. Mr. Chen is a research fellow at the Hoover Institution, lecturer in public policy at Stanford University, and was policy director to the Romney-Ryan 2012 presidential campaign.

Robbers

Continued from Front Page

social media app, which now has 1,000 members. In June the group responded to a home invasion in progress - someone driving a jeep into a garage door - but the criminals left before they arrived. The group has also chased after cars to get license plates, but backed off when the criminals ran the stoplight. The group claims that they have stopped 6-10 attempted robberies.

The police urge victims and witnesses to report all suspicious activity and to report all crimes. They should call the police at 916/264-5471 or Crime Alert at 916/443-HELP (4357). When a person who is not fluent in English calls the police, the police dispatcher immediately connects with a translation service which provides assistance in more than 30 languages. The police have been using Nextdoor to post information, but will also be looking into expanding into WeChat.

Sa-i-gu Archive website launched

The Sa-i-gu Archive is a catalogue of stories and testimonials about the 1992 Los Angeles Riots.

The blog is at <https://thesaiguarchive.wordpress.com/>

According to journalist K.W. Lee, "The fiery aftermath of the nation's first media-fanned bogus race war pitting minorities against each other in the annual May ratings sweep that happened to start on April 29, Sa-I-Gu, the infamous date that will never die in the collective memory of those whose elusive American Dream went up in smoke overnight."

Just in case you missed the Ai Wei Wei exhibit of bronze animal heads at the Crocker Museum last summer, here it the monkey. The heads are replicas of those in a clock fountain in ancient Beijing (water came out of the mouths at different hours.) Some of the original heads surface periodically in antiquity auctions which causes a great uproar when China demands that these looted treasures be returned.

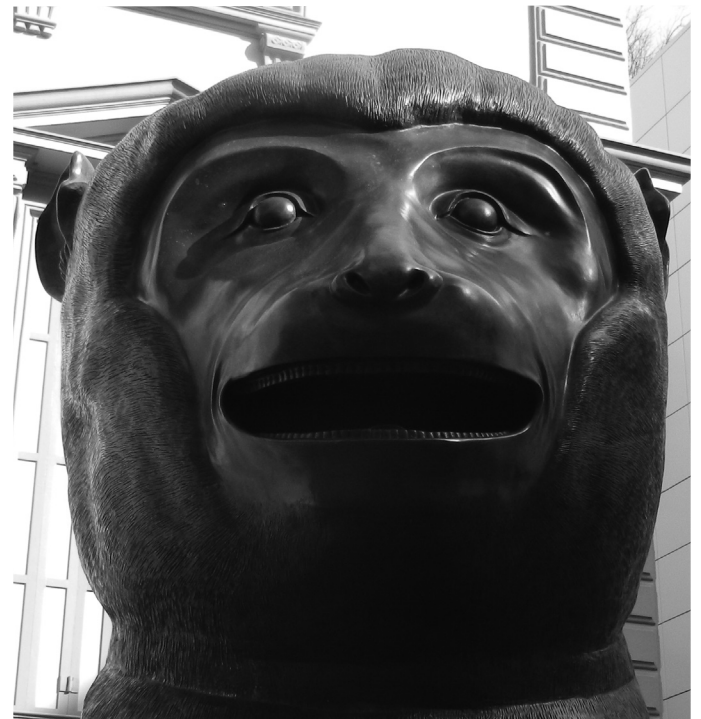
Hip hop targets APIs

Chinese Americans are petitioning President Obama to take action against a hip hop track which they say incites criminals to target their homes.

YG "Young Gangsta" Keenon Daequan Ray Jackson, 26, is a hip hop recording artist from Compton. In his video "Meet The Flockers" he gives instructions to robbers to locate a Chinese neighborhood to rob, steal from Chinese because they don't believe in bank accounts, knock on the front door to make sure no one is home, carry a gun and then break into the house.

Signatures are being solicited for an online petition to President Obama to ban the song from public media and investigate the legal responsibilities of YG. The petition can be found at <https://petitions.whitehouse.gov/petition/ban-song-meet-flockers-public-media-and-investigate-legal-responsibilities-yg>

YG himself was shot in June 2015 outside his recording studio. At age 18 he served jail time for a botched home robbery. A few months later, he got his first recording contract. He has a security detail. He has his own clothing line. He says his gang is Tree Top Pirus. He is one of Compton's biggest stars. With all this "success" why does YG have to stoop so low to endanger an entire community by painting targets on their backs?



ABOUT CURRENTS

Currents is a free community newspaper published three times a year entirely by volunteers. Currents covers local and national issues and events affecting the Asian Pacific American communities of Sacramento and Yolo Counties. Opinions expressed do not necessarily reflect endorsement by the other organizations and are those of the authors or the Editorial Board. The Editor reserves the right to reject prospective materials or advertisements. Current is distributed by bulk mail and other outlets. Currents articles may be reprinted without specific permission, but the source "Currents" and author should be acknowledged. Next publication date: Winter/January 2017. Deadline: December 20, 2016. Circulation: 7,000. Editor: Pattie Fong. Distribution assisted by: The Sacramento Gazette (David Fong), Hach Yasumura, John Pamperin, Tim Fong/CSUS-Asian American Studies, UCD Asian American Studies. Many graphics are by Randall Ishida. Advertising rates: 3.5" X 2", \$50; 5" X 6", \$80; 10" X 6", \$200. Currents has no physical office, but donations, advertisements, addresses changes and other inquiries can be sent to Currents/Davis Asians for Racial Equality, PO Box 22909, Sacramento 95822. Other inquiries can be emailed to pmfong@hotmail.com



ACC SENIOR SERVICES

Friendly Visitor Program

Become a Friendly Visitor and enrich the lives of veterans, caregivers and seniors!

Minimum Eligibility:

At least 17 years of age, U.S. Citizen or Permanent Resident, HS graduate

Volunteer Benefits:

Training opportunities, Monthly stipend and \$1,527.78 Education Award (upon completion of 450 hours)

- Contribute 450 hours of volunteer service from Nov. 1, 2016 to Oct. 31, 2017.
- Engage seniors in arts & crafts, light exercises, and other social activities.
- Provide much needed rest to family caregivers.

For more information, contact Khonnie Lattasima at (916) 394-6399 ext. 143 or klattasima@accsv.org.



THE RENAISSANCE SOCIETY

RENAISSANCE SOCIETY SEMINARS

The Renaissance Society, an organization, in partnership with the California State University, Sacramento, that provides opportunities for participatory lifelong learning and community engagement for older adults, has partnered with ACC Senior Services to present interesting, informative and engaging seminars at ACC. The seminars are presented by members of the Renaissance Society and will be held on Wednesdays from 1:00-3:00p. These seminars are open to everyone! For Renaissance Society members who wear their badges, these seminars are free.

“The Essential Steps to Creating a Healthy Kitchen” - Anne Evans
October 12, Wednesday, 1:00-3:00p, \$5

“California’s Leadership Role in Addressing Air Pollution (from the 1940’s to the present)”- David Abelson
October 19, Wednesday, 1:00-3:00p, \$5

“The Blue Zones: Living Well to 100, Compressing Your Mortality, and thus Avoiding Alzheimer’s, Cancer, and Cardiovascular Disease” - Allan Keown and Jan Polin
October 26, Wednesday, 1:00-3:00p, \$5

“Happiness and Your Brain: An Introduction” - Jo Ann Yee
November 2, Wednesday, 1:00-3:00p, \$5

“Building the Transcontinental Railroad” Film and Discussion - Dick Dabrowiak
November 9, Wednesday, 1:00-3:00p, \$5

“The Mayans”- Beth Mann
November 16, Wednesday, 1:00-3:00p, \$5

“He Named Me Malala” Film and Discussion - Allan Keown
November 30, Wednesday, 1:00-3:00p, \$5

Free Phone and PG&E Bill Review Clinic

Are you paying too much for phone service? Is your PG&E bill unusually high? Bring your questions and a recent phone (landline or wireless) or PG&E bill for a free review. We will explain your charges, identify fraud, or save you money.

Dates:

October 14, 2016
November 11, 2016
December 9, 2016

Time:

2:30-4:30 p.m.

Location:

7334 Park City Drive
Sacramento, CA 95831

Drop-ins welcome on a first come, first served basis.

Please contact Susan Sarinas at (916) 393-9026 ext. 339 or team@accsv.org for more information.

www.accsv.org



ACC Programs now has a monthly e-newsletter! To get on the mailing list, send an email to asu@accsv.org with the subject line “subscribe to e-newsletter.”

Also, like us on Facebook (search for ACC Senior Services)!

Programs at ACC

a community of caring



September 2016

So you think you can't dance?

Gerri Shapiro has good news for you!



Your Time to Shine

Do you have a great skill that you'd like to share? Be an instructor for ACC Programs!

ACC Programs is looking for instructors for classes in arts, cooking, crafts, dance, fitness, gardening, genealogy, language skill and computer technology. Share your passion and help others broaden their horizons today!

Please contact Susan Sarinas, Program Manager, at (916) 393-9026, ext. 339, or ssarinas@accsv.org.

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Stamp Our Story Campaign

The Stamp Our Story campaign for a national postage stamp that would honor the Japanese American World War II soldiers is asking all supporters to take action today. Next year marks 75 years since the start of the internment, and efforts are underway to ensure that a stamp is issued in 2017. Stamp Our Story is the 2016 relaunch of The Nisei World War II Stamp Campaign or the “founders’ campaign” which in 2005 was started by Ms. Fusa Takahashi, Ms. Aiko King and Ms. Chiz Ohira.

There are three main ways that people can help right now.

1. The Congressional letter of support for the stamp is now on Capitol Hill and it needs signers as soon as possible. Representatives and Senators from each state now have the opportunity to sign this letter. People must tell their members of Congress to sign, or it will go unnoticed.
2. Tell your state governor to voice support for the stamp. Contact your governor by email, regular mail, and phone.
3. Let the president know. The President has authority over the Postal Service and can make this stamp happen. Email your support to President Obama at The White House, 1600 Pennsylvania Avenue NW, Washington DC 20500, or www.whitehouse.gov “submit your comments online”
4. Sign the online petition at Change.org.

Information: niseistamp.org or TheyDeserveAStamp.org

High school ethnic studies requirement

Soon high school students will have to take Ethnic Studies as a requirement for graduation. Hopefully the students will gain greater knowledge and enhance their insight into the diverse population and cultures that makes up the US today. Recently the Sacramento Unified School District became the fifth and the largest district to add Ethnic Studies as a future graduation requirement. In Fall 2016 the district will introduce a pilot program offering Ethnic Studies as an elective. By 2019 this program will expand to all district high schools and it will be a graduation requirement starting with the incoming freshmen.

The courses will consist of historical backgrounds and explore and examine language, values, cultural customs of the diverse groups with emphases on African Americans, Latino, Asian/Pacific Islanders, Native Americans, Arab Americans and many other groups relevant to the students.

This seems so ironic because if one would look back to the late 1960’s and early 1970’s there were Asian American studies, Black studies and Chicano studies courses. Many of these classes were cut due to budget cuts back then. Thanks to Prop 13. It was a time when these groups were at a high point fighting who was more superior. Had they kept these classes

in place we wouldn’t have that much of tension and people would understand each other a little more. But did the administration just blow it off or what? In addition to Ethnic Studies, some districts are trying to bring back vocational arts such as music, fine art and industrial arts back into their programs. You just never know. You have to learn from experience and learn from the past.

The real question is: Are they going to hire minorities, persons of ‘color’ to teach these classes or are they going to hire just for appearances? There is a need for minority teachers in all districts and not just for Ethnic Studies courses.

Hard truths about race on campus

In a recent article “Hard truths about race on campus” published in the Wall Street Journal (5-7-2016), Dr. Jonathan Haidt, Professor of Ethical Leadership, NYU Stern School of Business and Dr. Lee Jussim, professor and former chair of the Dept of Psychology at Rutgers University opine that student demands for increasing faculty diversity, affirmative action, diversity training, funding to support scholarship and teaching about race and social justice will fail to achieve the goal of reducing discrimination and inequality. The authors believe that this approach will likely damage race relations and campus life will not improve for anyone.

They reference a 2001 study by Robert Kurzban (U of Pennsylvania) that argues that race is less important when people instead shared some other prominent social characteristic, like membership on a team. If social dynamics and social interchange is set up so that race is not so prominent, people will pay less attention to it.

A second principle of psychology is the power of cooperation. When a group faces a common threat or challenge, enmity becomes less and a mind set of “one for all, all for one” evolves. Positive competition between groups causes minds to shift into race neutral thinking and reduce hostility.

The authors say believe that the programs currently being demanded will not create campus environments where students of color feel more welcome and less marginalized. While Haidt and Jussim support deliberate steps to increase underrepresented groups on campus, they believe that admitting more minorities and hiring more minority faculty to mirror the population will result admitting students with weaker qualifications which will result in negative stereotypes resulting from differing classroom performance

Economist Peter Arcidiacono of Duke found that students tend to associate with others with similar academic achievement and this self segregation will likely end with less cross-racial friendships.

Student demands for funding for expanded cultural programs and ethnic departments may result in increased marginalization. A 2004 study on ethnic enclaves by Jim Sidanius (Harvard) tracked UCLA freshman for four years. For black, Asian

and Latino students, membership in ethnic organizations actually increased the perception that ethnic groups are locked into competition with one another and the feeling of victimization by virtue of one’s ethnicity. The study found that white students joining fraternities also increased the sense of ethnic victimization and discouraged interracial dating.

Does diversity training really work? A 2009 study in the Annual Review of Psychology concluded that diversity training has never been rigorously evaluated. The study concluded that on an average, these programs to reduce bias has not worked and have often induce ironic negative effects by implying that participants are at fault for diversity issues in their workplaces.

The authors believe that microaggression training is likely to backfire and increase tensions. These are program which encourage the reporting and response to any perceived bias, even those which may be innocent, unintentional, well meaning, misinterpreted or out of context. They believe that these program overly emphasize race, put everyone on edge and makes them guarded.

Thomas Pettigrew and Linda Tropp concluded in their meta-analysis of 500 studies (2006 Journal of Personality and Social Psychology) that interracial contact where people of different races and ethnicities mix and get to know each other, the effect generally reduces prejudice on all sides. According to Haidt and Jussim, this is a good justification for increasing diversity. But these benefits depend on certain conditions like having common goals, a sense of cooperation and equal status.

Charles Moskos and John Sibley Butler studied the US Army efforts (“All That We Can Be”) and praise the Army’s investment in training and mentoring black soldiers to meet rigorous promotion standards. The Army also promoted cooperating and positive thinking by emphasizing pride in the Army and in America.

Haidt and Jussim believe that universities should have a similar approach - schools should shift attention from raw numbers and focus on eliminating gaps between the races. They believe that universities should use racial preferences less while maintain or increasing other elements of affirmative action.

Universities needs to guide discourse about race issues in a positive and cooperative way, remind student constantly that diversity is challenging and that bringing together people from diverse background and countries will result in frequent misunderstanding and hurt feelings. “Handling diversity well thus requires generosity of spirit and an attitude of humility. Instead of focusing on microaggressions, our campuses might talk about blunders, misconceptions and self righteousness - and about civility and forgiveness. As Martin Luther King Jr put it in 1957: We must develop and maintain the capacity to forgive. He who is devoid of the power to forgive is devoid of the power to love.”

Iu-Mien Student Conference Planning Well Underway

With a theme of SAE It Loud: Voices of Tomorrow, planning for the 18th Iu-Mien Student Conference (IMSC 18) is well underway. To be held in the Student Union at California State University on Friday, March 17, 2017, the conference will bring together an estimated 250 Iu-Mien high school and middle school youth, offering a series of interactive and reflective workshops on such topics as positive self-esteem, the importance of learning the Iu-Mien language, applying for college, choosing a major, and crafting a professional career, all of which are concerns affecting Iu-Mien youth. A highlight will be awarding six scholarships valued at approximately \$5,000 to conference attendees. A special emphasis in this year's planning and preparation is outreach to schools in the Elk Grove Unified School District.

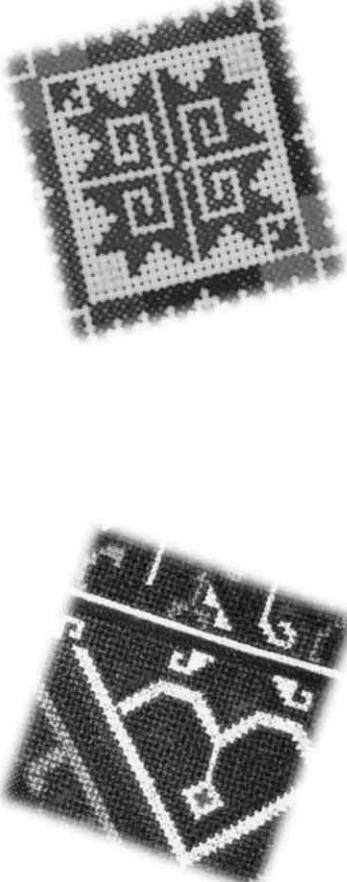
To raise funds for conference expenses, the IMSC Steering Committee and a cadre of dedicated volunteers have already hosted two Iu-Mien Food Fairs which have netted approximately \$900. An iPledge fundraiser is planned for November 7-11, and in December a PaintNight will offer further opportunities to raise funds. The Steering Committee is also actively soliciting sponsorships.

Since its founding in 1999, the IMSC has inspired an estimated 8,000 Iu-Mien youth to attain a pride in their ethnicity and give serious consideration to attending college and entering professional careers. An estimated 90% of conference participants have attended colleges and universities and gone into professional careers. The conference's three-fold mission is to: 1) empower youth to pursue higher education and/or explore career opportunities; 2) educate youth on the importance of preserving their culture; and 3) inspire youth to give back to their community by becoming community leaders. Many IMSC alumni return year after year, volunteering on the Steering Committee, recruiting new participants, and assisting with fundraisers and the conference itself.

The conference is a major program of Iu-Mien Community Services, which since its 1994 founding by the traditional Iu-Mien leadership, has provided a wide variety of services and programs designed to ease the transition of Iu-Mien community members to life in Sacramento.

For more information, please contact Farm Saelee, IMSC 18 Chair, at 916/383-3083, or by email at flsaelee@unitediumien.org





Iu-Mien Embroidery Exhibit

Iu-Mien Community Services (IMCS) is excited to present our first ever cultural exhibit showcasing the history of Iu-Mien embroidery (cong x cong) artwork.

FREE ADMISSION!


October 30, 2016
11:30 a.m. to 1:00 p.m.


Parkview Presbyterian Church
727 T Street
Sacramento, CA 95811

Secure parking is available.

Join us in our FREE weekly classes.

Please contact MienEmbroidery@gmail.com with any questions.

 IU-MIEN COMMUNITY SERVICES



Program made possible by The Alliance for California Traditional Arts (ACTA) Living Cultures Grants Program.

IMCS and Parkview Presbyterian Women to Exhibit Iu-Mien Embroidery

Iu-Mien Community Services and Parkview Presbyterian Women will co-host the first-ever exhibit of Iu-Mien embroidery at Parkview Presbyterian Church, 727 T Street, Sacramento, on Sunday, October 30. The culmination of eight months of embroidery classes supported by the Alliance for California Traditional Arts Living Cultures Grants Program, the exhibit will include both works by class participants and works made by master embroiderers, some of which are treasured family heirlooms. The free exhibit will run from 11:30 a.m. to 1:00 p.m. There will be refreshments, and secure parking will be available in an easily accessible parking lot.

Sacramento's Iu-Mien community dates its origin to the migration from Laos of large numbers of Iu-Mien, the result of their involvement in the Vietnam War. With an estimated 14,000 members, it is considered to be the largest Iu-Mien community in the world outside of Southeast Asia and China. Since 1994, Iu-Mien Community Services has offered a number of services and programs designed to ease community members' transition into life in Sacramento.

Diabetes even if you're young and thin

APIs are at higher risk for diabetes

Dr. Ronesh Sinha of Redwood City learned in medical school that Type 2 diabetes were usually diagnosed among patients who were middle-aged, ate too much fast food, drank soda and didn't exercise. Then he started diagnosing Silicon Valley techies coming to his office, typically slender APIs in their 30s who worked out regularly and ate healthy meals, as having diabetes or being pre-diabetic.

What Sinha started noticing a decade ago is now supported by a growing body of scientific research: APIs, in part for genetic reasons, are disproportionately likely to develop diabetes. APIs are getting the disease at younger ages and with lower weights than others.

Diabetes, a condition in which blood sugar levels are higher than normal, often remains undiagnosed until it's too late, especially in APIs who haven't historically been considered high-risk. It's the seventh most common cause of death nationwide and can lead to blindness, amputations and strokes.

Diabetes is largely preventable, but only if people know they are at risk. Early testing and treatment is warranted. Now being API is a risk factor.

As Americans put on weight over the last two decades, diabetes rates have more than doubled. Scientists have long known that obesity is closely linked to diabetes, but newer research shows the picture is more complicated.

In Los Angeles County, API adults have the lowest obesity rate of any ethnic group, at 9%, compared with 18% of whites and 29% of Latinos and blacks. APIs do not have the lowest diabetes rate in LA with 10% of APIs being diabetic, compared to 7% among whites.

Researchers are starting to believe that fat, not obesity, is the critical factor behind diabetes. APIs tend to have less muscle and more fat (are skinny-fat) than Europeans of the same weight and height. APIs accumulate more fat around their waists than people of other ethnicities, and abdominal (gut) fat is a bigger risk factor for diabetes than fat stored in other places, such as hips or arms.

In October, San Francisco, which is 35% API, passed a resolution expanding diabetes testing to APIs who aren't considered overweight. "Screen at 23" is a national campaign to lower the diabetes screening guidelines from the current standard of a body-mass index of 25 "being overweight" to 23 for APIs. This effort was launched last year by the National Council of Asian Pacific Islander Physicians and a coalition of diabetes advocates. The American Diabetes Assn. and the World Health Organization have also endorsed the lower screening thresholds.

Many APIs don't believe that they could be susceptible to getting diabetes because the "model minority" myth extends to health.

When doctors tell their API patients to

eat less rice, they would rather die. Cutting out noodles, bagels, sushi, Korean and teriyaki barbecue marinade is also hard to give up.

Studies have shown that more than medication, dieting and exercising greatly reduce people's chances of getting diabetes but those guidelines are based upon traditional American diets.

When the Asian cultural diet is already heavily vegetables, like Indian cuisine, western trained doctors and dietitians can't help much. South Asians have some of the highest diabetes rates among Asians and the recommended food modifications may include doubling the vegetables in a curry dish, or switching from white rice to a dish made of cauliflower florets.

Reference: LA Times 4-19-2016 by Soumya Karlamangla

Update of fentanyl

Abuse of opioids including prescription drugs, heroin and fentanyl has reached a crisis. The Centers for Disease Control and Prevention report that more than 28,000 people have died from these overdoses in 2014. In Maine, New Hampshire, Vermont, Rhode Island, Connecticut, Pennsylvania, Maryland, North Carolina, Kentucky and Ohio, there have been 12,244 fatal drug overdoses in 2015, an increase of 21% from the prior year. Fentanyl, a synthetic drug 50 times stronger than heroin, was connected to 3,883 of those deaths, a 128% increase.

Fentanyl pill making operations in California, Tennessee and Utah are under Drug Enforcement Agency (DEA) investigation. One kilogram of fentanyl bought for about \$3,500 from Chinese manufacturers can produce as many as 1 million pills, which at \$10/pill is worth \$10 million. Mom-and-pop pill manufacturing has low startup costs - \$1,000 for a pill press, a die set to make prescription markings costs \$130. It is illegal to import pill presses without notifying the DEA, but pill presses shipped in pieces, or ordered through the darknet can escape scrutiny.

Ten years in 2006 the US fentanyl problem petered out when Mexican authorities shut down a lab in Toluca Mexico which pressed pills using fentanyl from China. In 2013, while authorities were shutting down pain clinics which sold vast amounts of real prescription opioids, bootlegged fentanyl began showing up on the street. Some US buyers started ordering fentanyl online directly from Chinese labs.

In San Francisco, Candelaria Vazquez, 40 (Filipina) and Kia Zolfaghari, 40 (Iranian) were arrested for making counterfeit oxycodone pills tainted with fentanyl in their third floor \$3000/month ocean-view apartment. They were indicted by a federal grand jury on June 21. A search of their apartment revealed not only their clandestine lab, but an accumulation of luxury watches, \$1000/pair female shoes, \$44,000 cash, jewelry, handbags and a Walter

White doll. [Walter White is a Breaking Bad character whose doll sometimes came with a bag of crystal meth.] Zolfaghari had no reported employer income from 2012 to 2015.

In Sacramento, there have been more than 50 overdoses related to counterfeit fentanyl pills including 13 deaths in March and April. UCDMC recently treated 18 "M367" pill victims in an eight day period, one of whom died.

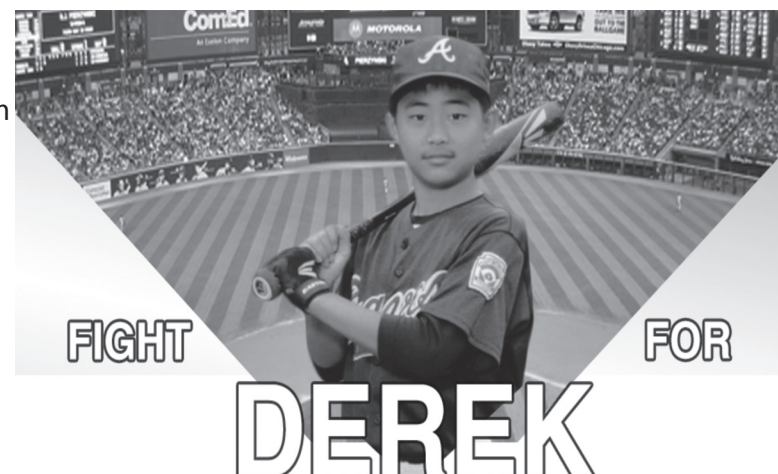
Philippine war on drug

July 1, 2016, the day after Philippines President Rodrigo Duterte took office, he carried out a promise to wipeout crime in his country. It is reported that in the first seven weeks of his presidency, more than 1,700 people have been killed.

Under "Operation Double Barrel" 712 suspected drug dealers were shot dead by the national police. The police however do not condone the killing of another 1,067 by vigilantes. The police blame that those deaths on drug syndicates.

From January 1 to May 9, the day that Duterte was elected, police shot dead 39 drug suspects. Duterte, former mayor of Davao City, campaigned on a tough anti-crime platform. The Philippines has experienced a surge in drug-related crime and increased abuse of crystal methamphetamine, which locals call "shabu."

To avoid the president's crackdown on drugs, thousands of drug dealers and addicts have surrendered to the police and overwhelmed drug rehabilitation centers. UN Special Rapporteur on Extrajudicial Killings has been invited to investigate the killings. A Philippine Senate panel is investigating Operation Double Barrel.



Derek is a typical active 13 year old boy. He loves playing video games, building LEGO models, and playing baseball. He was diagnosed with leukemia (AML) August of 2015. He spent most of 7th grade in Chemotherapy and went into remission. He beat leukemia once, now he has relapsed. Because Derek is HA (Japanese/Chinese), he is having a difficult time finding a bone marrow match.

Hapa donor needed

Derek had a bone marrow registration event on October 9th in Fremont. The event was sponsored by the Asian American Donor Program. If you are interested in enrolling in the Bone Marrow Registry, contact <http://join.bethematch.org/Rally4Derek> and request a kit. You do the mouth swab at home and then mail your completed sample in for analysis and registration. It only takes one match to save a life.

CACS Board Directors Work to Create CACS Foundation An Exciting Evolution for CACS

The Chinese American Council of Sacramento was originally founded to advocate on behalf of the Chinese American community in the Sacramento region. Over the years we have developed interests in public benefit and charitable programs. This has brought the fact that the Chinese American Council of Sacramento (The Council) needed to establish a formal 501(c)3 organization that can offer tax deductibility for donations. The CACS Foundation (The Foundation) has been created as a separate charitable organization.

We appreciate your support over the last 29 years. Thanks to you ...

- We have been key in creating the Locke Foundation so that the only town built by Chinese for Chinese in the United States can be preserved.
- Canton Footprints, a book detailing the history of Chinese emigration to the Sacramento region, was published in 2008.
- Mandarin Language Immersion programs are now part of what we support.
- My Sister's House, a safe house for women and children escaping an abusive

environment, is now a beneficiary.

- School supplies and other support are donated to schools in economically challenged areas of Sacramento.
- Educational and Cultural experiences, such as field trips to Angel Island, San Francisco, Bo Kai Temple in Marysville and author lectures are a part of what we do.
- We participated in the 150th anniversary of the Transcontinental Railroad.

Persons interested in promoting or aiding the charitable work above will be interested in joining The Foundation. The Tax ID number for your donation is: 81-1929503. Please contact Cathy Wei at: cweidesign@gmail.com for more information.

The Council will be expanding into the advocacy that was part of the original vision of Frank Fat, founder of the Chinese American Council of Sacramento. The Council intends to be represented at County Boards of Supervisors, City Councils and at the Capitol in addition to conducting voter education and registration programs and other community work. For more information, contact Honey Lum at hxlum@

comcast.net.

Current CACS Members are automatically Members of CACS Foundation (The Foundation) and will enjoy a complimentary one-year Membership in the Chinese American Council of Sacramento (The Council).

AB2845 is now law

AB2845 is now law. The preamble of the bill states:

The Legislature finds and declares all of the following:

(1) All pupils deserve and need safe and supportive school environments in which to learn.

(2) Pupils who are Muslim, Sikh, or of South Asian descent often face verbal, physical, or online harassment, all of which have significant effects on their academic achievement and mental health.

(3) Recent reports indicate that more than half of Muslim and Sikh pupils in California report that they have faced verbal threats or insults, cyberbullying, or physical assaults.

(4) The federal government has recognized the harm that is caused by such bullying, and has called upon Muslim parents to contact the United States Department of Justice or the United States Department of Education if their children are bullied at school. The White House has initiated the Asian American and Pacific Islander Bullying Prevention Task Force in response to concerns about the bullying of Muslim, Sikh, and Asian American pupils.

(5) Multiple studies demonstrate that pupils who face bullying suffer academically. Bullying is also linked to negative outcomes, including impacts on mental health, substance use, and suicide.

(6) Research demonstrates that Muslim, Sikh, and other pupils who face hate-based bias and bullying in school do not report these incidents to school staff, primarily because they believe that school staff are not trained to address these issues.

(7) Creating supportive learning environments improves pupil performance.

(8) The United States Department of Education provides numerous resources for schools to support pupils who are facing bullying due to their religion, race, or national origin. These resources were highlighted in an open letter dated December 31, 2015, and sent by the United States Secretary of Education to education administrators throughout the nation.

(b) The Legislature therefore encourages school districts, county offices of education, and charter schools to provide information on existing schoolsite and community resources to educate teachers, administrators, and other school staff on the support of Muslim, Sikh, and other pupils who may face anti-Muslim bias and bullying, as required by subdivision (d) of Section 234.1 of the Education Code.

A safe haven for Asian Pacific Islander Women and Children

My Sister's House

My Sister's House saves the lives of women and children affected by domestic violence, sexual assault, and human trafficking
24/7 Multilingual Help Line: 916-428-3271

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My Sister's House

5K Walk/Run • Kids ½ Mile Race

Saturday, October 22, 2016 • William Land Park
Registration 8 a.m. • Kids ½ Mile Run 8:30 a.m. • Run 9 a.m.
Register or Donate: www.runforasafehaven.com

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Pakistan honor killings

26 year old Pakistani web sensation “Qandell Baloch” who promoted herself as a woman with free thoughts and a champion of “girl power” was killed on July 17th and her brother was arrested for her murder. As more South Asian women demand greater liberties, they are faced with traditional social mores in the deeply conservative, traditional, and patriarchal society.

In a patriarchal society where women are treated as family property, men feel that their authority is being challenged when the women in the family adopt western ways, according to Zohra Yusuf, chairwoman of the Human Rights Commission of Pakistan. The commission estimates that 1,000 Pakistani women died last year in honor killings at the hands of their own relatives. These women are seen as bringing shame to their families by “acting out of their control.” The killing of these women is believed to restore the family’s standing in the community.

In three high profile cases in Pakistan this year, women were burned to death. One mother set her daughter on fire after the daughter refused an arranged marriage and married a man of her own choosing. Another girl was killed for helping a friend elope. Honor killings have also victimized women who had relationships across caste or religious lines.

The 2012 gang rape of a student triggered national protest in India and led to stronger laws to punishing crimes against women. But hundreds of women are still attacked with acid, sometime by spurned suitors; others die as a result of dowry payment disputes. In some villages, elders have issued edicts barring women from wearing jeans or using cell phones.

While many perpetrators are family members, an Islamic provision in Pakistani law allows relatives to forgive them of the killing and killers escape punishment. The government has pledged to close this loophole.

Japan settles with WWII Chinese slave workers

Mitsubishi Material Corp settled with former Chinese slave workers who wanted an apology and compensation from the company for their forced labor during World War II. Under the June 1st agreement, the Japanese company will pay 100,000 yuan (\$15,190) to each worker. The company admits that its predecessor, Mitsubishi Mining, used 3,765 Chinese prisoners, of whom 722 have died, as forced labor during WWII.

Some 39,000 Chinese were forced by the Japanese to perform physical labor for 35 companies under harsh conditions during the war and many died as a result of maltreatment. The slave workers pledge to seek redress from the companies as well as from the Japanese government itself.

Over the past 20 years, the slave workers filed lawsuits in Japan which failed. Then in

2014 they filed lawsuits in Chinese courts. It is believed that since Mitsubishi Materials has significant business interests in China, the company felt compelled to settle the lawsuit. Mitsubishi promises to seek out the former slave workers and their families and to erect memorials at the mines. Last year Mitsubishi Materials apologized for using US prisoners of war as slave laborers during WWII.

Other Japanese companies have reached similar out of court settlements, including Kajima Corp, Nishimatsu Construction Co and Nippon Yakin Kogyo Co.

These claims over wartime atrocities are a sore point in relations between Japan with China and South Korea. Japan argues that compensation issues were settled under postwar peace treaties. Japanese court have denied compensation claims by Chinese and Korean victims and urged those plaintiffs to seek non judicial agreements.

China strongarms Canada’s Chinese

China is Canada’s largest trading partner after the US. Prime minister Justin Trudeau went to China in August to improve relationships between the countries. Chinese in Canada believe that closer ties between Canada and China will further erode their own freedoms.

Chinese language journalists in Canada are under increasing pressure to promote the Chinese government and spin articles to cast a better light on the country. Their articles critical of China are rejected, columns cancelled and some have lost their jobs. Editors heavily edit articles to delete anything adverse or reflecting poorly of the Beijing government. Publishers are feeling political and financial push back from the Chinese government. Some report receiving death threats and getting personal visits from Chinese state security agents at their homes. Intimidation has included false internet postings, accusations and lawsuits. These journalists and media executives say that self-censorship has become the widespread survival mode because of economic pressures by China, including boycotts by pro-China advertisers, withdrawal of distribution deals, and being dictated to drop certain advertisers. The threats are taken seriously because most journalists and media executives still have family living in China.

Ontario has more than 30 Chinese language news outlets, mostly free newspapers, and the majority of them avoid reporting anything that would anger China.

In the past decade China has orchestrated an effort to promote its image abroad, including a multibillion dollar overseas expansion of the Chinese state media and a network of Confucius Institutes which teach Chinese language, culture and disseminate Communist party viewpoints.

BROWN BAG WORKSHOP



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You’re invited to APSEA for our monthly workshops open to anyone interested in learning about career development and upward mobility.

Workshop Overview

Performance management includes activities that ensure goals are consistently being met in an effective and efficient manner. By focusing on the performance of an organization, person, or even the process in a strategic and comprehensive way, you can achieve great results and make significant changes. Come learn how to effectively apply performance management to be one of the most successful people in your department.

Keynote Speaker

Daniel C. Kim was appointed director of the Department of General Services on May 29, 2015. Director Kim served as chief deputy director of operations at the California Department of Public Health since 2011. He served as deputy director at the Sacramento County Department of Human Assistance from 2002 to 2011, budget and legislative affairs manager at the San Francisco Department of Human Services from 1998 to 2002, management consultant at Price Waterhouse from 1996 to 1998 and fiscal and policy analyst at the California Legislative Analyst’s Office from 1994 to 1996.

Director Kim has a Bachelor of Arts degree in Political Economy of Industrialized Societies from the University of California, Berkeley, and a Master’s Degree in Public Policy from the Kennedy School of Government at Harvard University. He and his family live in Sacramento.

How to Register

Cost
 Early Bird Price: \$ 5.00 (before October 21)
 Regular Session Price: \$10.00
 Pre-Registered Members: FREE
*Includes: APSEA and Department of General Services.
 Limited seating for all other state employees. Sign up early!*

Easy Online Registration:

<https://apseaperformancemanagement.eventbrite.com>

Thursday,

October 27, 2016

12:00-1:00 p.m.

Department of

General Services

707 3rd Street,

First Floor

Conference Room 1-205

(Behind Cafeteria)

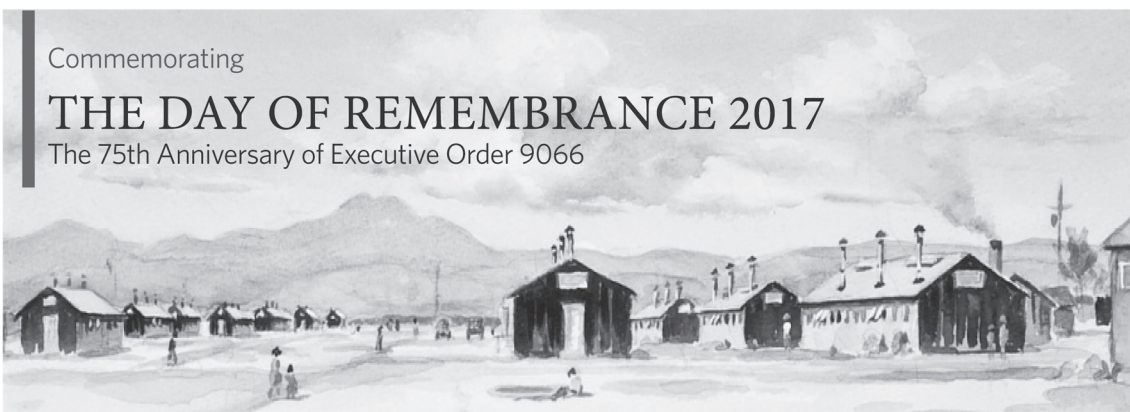
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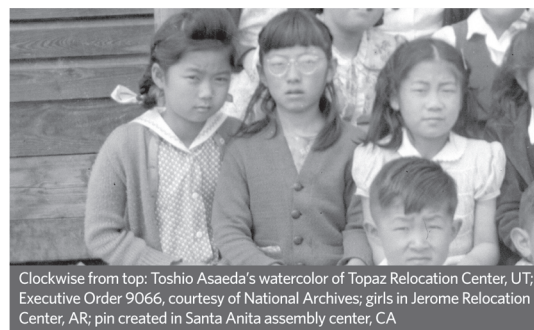
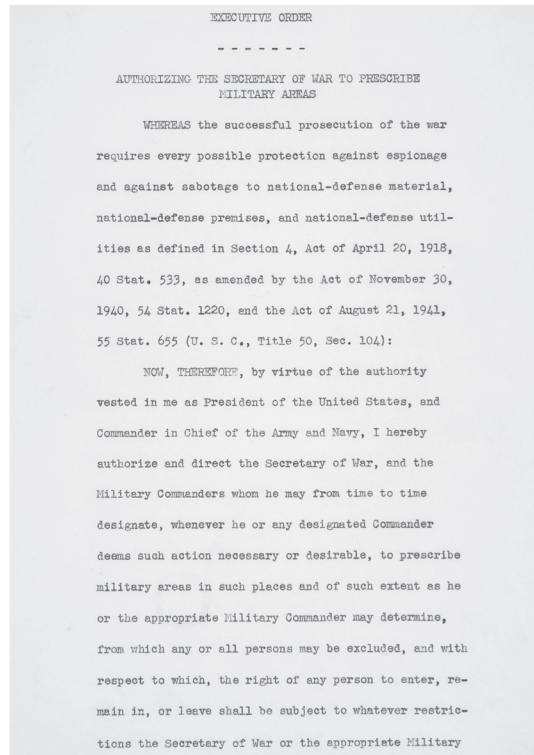
The 75th Anniversary of Executive Order 9066

February 2017 marks the opening of an important new exhibition at the National Museum of American History highlighting the 75th anniversary of Executive Order 9066. The order, signed in 1942 by President Franklin D. Roosevelt, resulted in the imprisonment of more than 110,000 Americans of Japanese ancestry during World War II. Each year, on the Day of Remembrance, the Museum commemorates the resonating events that shaped the lives of Japanese Americans during the war.



Project Overview

The National Museum of American History will open an exhibition featuring the original Executive Order 9066, signed by President Roosevelt. The document will be on loan from the National Archives and will be accompanied by images and objects from the Museum's collection. In preparation, curators are seeking object donations for possible inclusion in the exhibition. It is through individual artifacts reflecting personal stories that the Museum is able to help visitors better understand the Japanese American experience during the war, while sharing the historic and current impact of Executive Order 9066.



Clockwise from top: Toshio Asaeda's watercolor of Topaz Relocation Center, UT; Executive Order 9066, courtesy of National Archives; girls in Jerome Relocation Center, AR; pin created in Santa Anita assembly center, CA

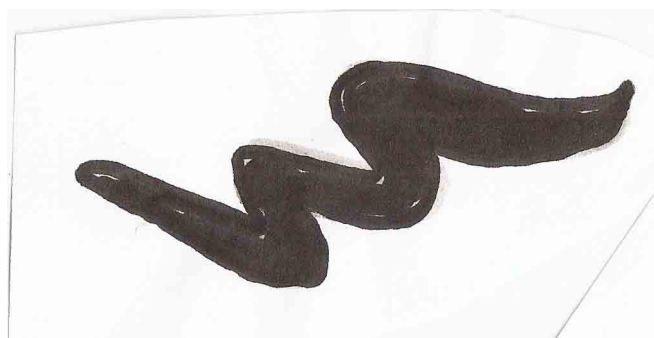
EB5 visa program expiring

The controversial federal program created in 1992 attracting wealthy immigrants was scheduled to expire September 30, but has been extended until December. EB-5 visa program gives permanent US residency to foreigners who invest at least \$500,000 in "job producing ventures" and in projects to renew and rebuild rundown urban areas. The program was popular among real estate developers who financed US projects with low costs loans. In return for the investment, the investor, spouse and children under 21 years get a green card.

Allegations of fraud has disrupted many projects leaving investors without their money or a visa. The program was meant to funnel new money into rural and high unemployment neighborhoods, but developers gerrymandered special districts so that they can build profitable projects not benefitting but tangentially linked to the targeted struggling communities. To limit fraud it has been proposed to disqualify high end skyscrapers projects, to block urban developers from dominating the program. Another proposal was to allocate 4000 of the 10000 visas issued annually for developers with projects in rural and low income census tracts. Another proposal is to tailor the investment limits to the economic needs of the target

community. Popularity of the project is waning probably because of the years-long wait list (an applicant today may not get a visa for 5-7 years) and uncertainty if the program would be renewed.

The number of immigrant investor applicants reached 14,373 in the federal fiscal year ending September 2015. Applications received in the first nine months of the current year is 8,638. The program issued it's maximum 10,000 visas for the first time in 2014. The slowdown in the Chinese economy and Chinese government crackdown on moving money out of China also attribute to less interest in the program. China accounts for yearly 80% of the 10,000 visas issued annually.



2017 Smithsonian exhibit needs:

100th Infantry Battalion duty uniform

Photos of Japanese American World War II veterans

Handmade toys and children's items from camp

Cards and games used in camp by children and adults for leisure

Textbooks, report cards, projects and artwork from camp schools and adult education classes

Birth and death certificates from camp

Camp worker documentation and records like salary logs for both Japanese American and other workers

Sports-related artifacts, photos and documents from camp

Camp newsletters and newspapers

Personal letters

Resettlement documents

Redress documents

Hawaii internment documents.

Immigration shift

In 2014 immigration from China and India outnumbered Mexican arrivals in most areas of the US, in particular Illinois, New York, Ohio, Virginia, Florida, and Georgia. 2014 census data is the most recent year for which this data is available. That year, 136,000 came from India, 128,000 from China, and 123,000 from Mexico. In 2014, 82,000 came from Central American countries; that surge was mostly comprised of unaccompanied children from Honduras, Guatemala and El Salvador and that influx has tapered off. These figures include both documented and undocumented immigrants. In California, new Chinese immigrants outnumbered Mexicans in 2014 with the number coming from India close behind. In comparison, in 2005, Mexico had more than 10 times as many migrants who came from China and more than six times as many as India.

Asian immigrants are entering the US without documents at a greater rate. While 71% of unauthorized immigrants come from Mexico and Central American countries. Asians are now the next largest group at 13% according to the Migration Policy Institute. Persons with expired visas account for an estimated 40% of persons illegally in the US.

Highly educated technology workers from China and India are coming to the US for skilled jobs. While the number of those work visas is capped each year, extended family they bring are an immigration wave of their own.. China and India now send more international students to the US than any other country.

FBI spy prosecuted

Kun Shan Chun, 46, worked at the FBI's New York field office as an electronic technician and held a top-secret security clearance for almost two decades. Chun was arrested in March for giving information to the Chinese government. Chun was born in Guangdong China and became a naturalized US citizen in 1986.

On August 1st, Chun admitted in Manhattan federal court of giving sensitive information to an unidentified Chinese government official. Between 2011 and 2016, he acted as a spy for China. Chun pled to one count of illegal acting as an agent for the Chinese government, and will be sentenced in December. His plea agreement includes a two year prison commitment. The crime has a maximum sentence of ten years.

Chun said he was introduced to the Chinese official in 2011 during a trip to Italy and France. Chun entered into an agreement with the official to disclose sensitive information for money, prostitutes, and foreign travel. To conceal this relationship, Chun repeatedly lied on his FBI security clearance paperwork.

Chun's case was built on recorded meetings between Chun and an undercover agent. Chun revealed that he had a network of associates in China, he met the owner of Zhuhar Kolion Technology Company Ltd (computer printer parts manufacturer) who asked for technology information, the Chinese government was actively recruiting individuals to provide information for immigration benefits and other compensation, and he was willing to be the middle man in selling US information to those Chinese associates. Chun's relatives encouraged his arrangement, also received money for his activities and invested in Kolion.

In 2014 UC prosecutors charged five Chinese military employees for hacking into US companies; two engineers were convicted to selling trade secrets to Chinese businesses.

Chinese American leaders have criticized the US government for racially profiling Chinese Americans as spies. Over the past two years, the Justice Department has dropped at least three high profile cases related to Chinese espionage.

China charges US business woman with spying

In August, China indicated a US business consultant accused of spying for a foreign government 20 years ago. The charges were filed in July against Phan Phan-Gillis, 56, who was detained in March 2015 during a business trip to south China. Phan-Gillis is a naturalized US citizen who was born in Vietnam and is of Chinese descent. The Chinese authorities have asked her to confess to being a US spy from 1996 to 1998. Phan-Gillis denies spying for anyone.

Other US citizens held in Chinese prisons:

Peter Hahn, arrested in late 2014 over allegations of embezzlement and possession of fraudulent receipts. He was released in August 2015.

Hu Zhicheng, arrested in 2008 over commercial-theft charges and held for 17 months before his release in

2010.

Xue Feng, sentenced in 2010 for eight years for violating state-secrecy provisions. He maintained his innocence. He was released in April 2015.

Parachute kids sentenced

On March 30, 2015, in a Rowland Heights park, a group of Chinese high school students attacked a 18 year old, stripping her naked, kicking her with high heeled shoes, slapping her and burning her with cigarettes. A second victim was also attacked in a separate incident. Authorities believe that the attacks were acts of bullying.

In February 2016, Yunyao "Helen" Zhai, 20, was sentenced to 13 years for her role as ringleader of the attacks. Zhai had pled guilty to kidnapping, assault in both attacks and inflicting great bodily injury.

Xinlei "John" Zhang, 19, was sentenced to 6 years for his lesser role in the attacks. Zheng was present but participated only by fetching scissors used to cut the victim's hair. The group forced that victim to eat her hair.

Yuhan "Coco" Yang, 19, was sentenced to 10 years for kidnapping, assault and inflicting great bodily injury on the March 30th victim.

Zheng Lu, 20, pled to assault and was sentenced to three years in prison.

Two other perpetrators were prosecuted in juvenile court and admitted to participating in the assaults. Additional teens involved in the incidents have fled the country.

In their February sentencing hearing, the defendants urged Chinese parents to think carefully before sending their children to the US without supervision. "Parachute kids" is a growing trend among middle class and very wealthy Chinese. These parents hope their children will learn English and gain an advantage for admission into American universities. Parachute kids generally study at private high schools and rent rooms from local families.



Cheating among international students

International students contribute global diversity to US college campuses and substantially more tuition revenue to public colleges, but an increasing concern is academic cheating.

A Reuters story in May reported that Chinese companies help students with their college applications - embellishing essays, ghost writing, doctoring letters of recommendation and securing fabricated high school transcripts. Reuters identified a Chinese national UCD student who used fake documents, was admitted and is now expelled. The father of that student told Reuters that it is normal to want to get into a better school and anyone would do that.

The Wall Street Journal article in June reported that public universities in the US recorded 5.1 reports of alleged cheating for every 100 international students, compared to one report for every 100 domestic student.

While cheating is a concern, international students' graduation rate is on par. The 4 year graduation rate for UCD international freshmen is 56 percent; those who graduate in six years is 81%. This compares favorably with the graduation rate of all freshmen, 58% graduate in four years and 85% graduate in 6 years.

To improve educational success, the TOEFL (Test of English as a Foreign Language) test can be taken in May and another UCD assessment tool is administered early enough to tailor Fall semester freshmen classes to include needed skills training. UCD's Summer Start, inaugurated in 2013, provides a six week pre-freshmen program focusing on English, offers a head start by elective math, general education, or Linguistics 98 courses, and provides international students time to adjust to peers and campus life. The Global Ambassadors program provides mentoring.

Cheating may be identified early in the school year. If the diagnostic test taken when the student arrives for the school year shows writing significantly different from what was presented on prior assessment tests, the student will be referred to Student Judicial Affairs.

Student Judicial Affairs, in 2014-2015, reports that 25% of its referrals involved international students in a school year when international students were seven percent of the student population. (In Fall 2015 international students will be 10 percent of total 28,384 undergraduates.)

The first referral to Student Judicial Affairs for cheating may result in the student getting a warning and being counseled on the high standards of academic integrity and academic honesty. It is a rare situation where the student is expelled on the first referral. The student might be referred to campus resources to gain tools to prevent further violations (writing skills, time management, study skills), academic advising and counseling (family problems and stress over failing). A second referral may result in time away from school. The student may also request a formal hearing over the cheating allegation.

George Takei calls down Trump

In August, Star Trek actor George Takei posted an English-subtitled video which drew more than 12 million views in less than two weeks. Takei learned Spanish growing up with Mexican American neighbors in East Los Angeles. In Spanish, Takei compares presidential candidate Donald Trump's proposed deportation of undocumented Hispanic immigrants to the WWII internment of more than 140,000 Japanese Americans, including Takei and his family. In the four minute video, Takei says "I want to give some personal, historical context on how Donald Trump's words and plans can have very real and terrible consequences." Takei was 4 years old when he and his family were removed from their Los Angeles home and sent to a wartime internment camp-prison in Arkansas. "It was my parents who heard the sounds we are hearing today from Donald Trump, the sweeping statements he makes characterizing and stereotyping a whole group of people. ... My father lost his business and we lost our home and our freedom. With no charges, to be locked up, imprisoned. ... It's very personal to me."

Hollywood hires prompted by China market

US movie studios are inserting a "Chinese component" in their films, a strategy to appeal to audiences in China which is on track to become the world's largest box office in the future. What Hollywood doesn't know is that these token insertions fall flat because meaningless roles are an embarrassment to the star and China. The Chinese audience even has a term "flower vases" for these insignificant roles in Western films, akin to product placement and being used like props.

In recent films, Shanghai-born actress and pop singer Yang Ying (Angelababy) played a fighter pilot in *Independence Day: Resurgence*. Chinese superstar Fan Bingbing starred in 2014 "X-Men: Days of Future Past" with one line: "Time's up." Fan also had a cameo in the Chinese version of "Iron Man 3." Pop singer Jay Chou had a role created for him in "Now You See Me 2." Jing Tian will appear in "Kong: Skull Island" next year. Upcoming films "God Particle" and the next Star War film "Rogue One" feature Chinese actors who are relatively unknown to western audiences but have significant fan bases in China.

China is on track to be the world second-largest movie market with \$5 billion worth of tickets sold so far this year (September) compared with \$8.1 billion in the US. This year, nearly 57% of China's box office receipts are from Chinese films and 46.9% are imported films. Last year's imported films took 53.5% of the market and this decline has Hollywood worried.

For Chinese actors, the opportunity to appear in Western films means that their stardom will extend beyond China's boundaries. For western film companies, incorporating Chinese talent may help producers to navigate China's restrictions, especially on marketing their

films, and capturing the Chinese moviegoing audience.

While a reflection of diversity in American filmmaking is the right thing to do which had priority or materialized (e.g. #oscarssowhite 2016), money making is driving this new trend.

CALENDAR

Continued from Back Page

Nov 29 Tue **ACC Senior Services "End of Life Option Act."** 1:30-2:30pm at ACC Senior Services (7334 Park City Dr, Sac). What does the End of Life Option Act mean and what implications does it have now that it has been signed into law in California? Learn exactly what the intent and requirements are surrounding the act. Free. To register: 916/393-9026 x330, classes@accsv.org.

Dec 3 Sat **China Philharmonic Orchestra** with conductor Long Yu and violin soloist Julian Rachlin. Tickets: mondaviarts.org, 530/754-2787

Dec 4 Sun **Sacramento Chinese Culture Foundation: 30th Anniversary California Capitol Region East & West Health Fair.** California Northstate University (9700 West Taron Dr, Elk Grove). Admission \$2/person or bring a toy for Children's Home. Info: www.sccfsac.org

Dec 6 Tue **ACC Senior Services "Identity Theft."** 1:30-2:30pm ACC Senior Services (7334 Park City Dr, Sac). December is National Identity Theft Prevention and Awareness Month. Identity theft is a serious crime that can harm your finances, credit history, and reputation — and can take time, money, and patience to resolve. Identity theft can also affect your phone and PG&E bills. Learn how to protect your personal information and avoid being a victim of this crime. Free. To register: 916/393-9026 x330, classes@accsv.org.

Dec 7 Wed **ACC Senior Services "Checking & Managing Your Blood Sugar."** 6-7:30pm at ACC Senior Services (7334 Park City Dr, Sac). Free. To register: 916/393-9026 x330, classes@accsv.org.

Dec 13 Tue **ACC Senior Services "The Gift of Life: Don't Rule Yourself Out."** 2-3pm at ACC Senior Services (7334 Park City Dr, Sac). Many senior citizens believe they are not eligible to be a donor after they pass away, though they may wish to be. This is a myth we want to help dispel. Organ donation is a gift not only to the recipients of organs and tissues, but to the family of the donor, who knows something positive came from the loss of their loved one. Free. To register: 916/393-9026 x330, classes@accsv.org.

Dec 13 Tue **George Takei's musical "Allegiance."** A movie of the play about Takei's WWII camp experience. To be shown at a local theater.

Jan 31, 2017 **My Sister's House Human Trafficking Conference.** Info: 916/930-0626, info@my-sisters-house.org

Feb 24, 2017 **Sichuan Opera Theater: Flaming Mountain.** A tale of a traveling Buddhist monk and the Monkey King. Mondavi Center, UCD. Tickets: mondaviarts.org, 530/754-2787

March 17, 2017 **SAE It Loud: Voices of Tomorrow.** 18th Lu-Mien Student Conference at CSUS. Info: Farm Saelee 916.383-3083, flsaelee@unitediumien.org

Current Faces, New Places

Henry Li was in June appointed to be the general manager/CEO of Sacramento Regional Transit. Li has 20 years of experience in public transit and previously worked for the Jacksonville Transportation Authority in Florida.

Yee Xiong, victim of sexual assault, was served with a \$4 million defamation lawsuit by Lang Her who after two mistrials pled to felony assault likely to produce great bodily injury. Her claimed that Yee and her siblings colluded to alienate him from the close-knit Hmong community and defamed him on Facebook. Both were UC Davis students at the time of the July 2012 rape. For his plea, Her was placed on 5 year probation, ordered to serve a year in jail, must register as a sex offender and complete at least 3 months of sex offender counseling. On October 3rd, a Yuba County judge dismissed the lawsuit.

Eunghee Cho, 22 and Davis High '07, won second prize in September in the Cello Division of the Alice and Eleonore Schoenfeld International String Competition, held over 10 days at the Harbin Conservatory of Music in northeast China. He was the only American to pass the preliminary round. Cho came home with \$15,000 prize and an additional \$1000 for a best performance of Damin Ren's Cantonese Capriccio No.2 which was commissioned for the event. Cho earned his undergraduate degree at Thornton School of Music USC and has headed to the New England Conservatory in Boston to study under Paul Katz.

James Liang, 62, California, a Volkswagen engineer since 1983, pled guilty to helping VW defeat emissions tests. He could face up to five years in prison and a fine of \$250,000. Liang is the first person criminally convicted in the US for the diesel testing scandal and is expected to cooperate in the continuing US investigation.

Amy Tong, 42, in July was appointed as the state CIO and Department of Technology director. She has been in the Office of Systems Integration since August 2014. She also is a member of the Elk Grove Planning Commission.

Current Faces, Recent Passings

Kay Ryugo died June 13, 2016 in Boise. Born in Sacramento, he served stateside in the 422nd Regimental Battalion. At UCD he earned his PhD in plant physiology and was a UCD professor in pomology from 1955 to 1988.

Kentaro Inoue, 47, UCD professor in the Dept of Plant Sciences died August 30 in a West Sacramento truck-bicycle accident. Inoue joined the faculty in 2002

Kinya Noguchi (1927-2016) - In 1957, Noguchi became Sacramento County's first Asian/minority deputy sheriff and served for 26 years, retiring as a lieutenant. He died on August 18, 2016.

CALENDAR

Oct 15 Sat **George Takei**, Mr. Sulu, at UCD Mondavi Center. Tickets: mondaviarts.org, 530/754-2787

Oct 15-16 **Hiroshima** performs at Yoshi's Jazz Club (510 Embarcadero West, Oakland). Tickets www.yoshis.com/calendar/

Oct 15 Sat **Philippine National Day Assn: COMMUNITY Resource Fair**. 10am-1pm at Old Town Elk Grove (9070 Elk Grove Blvd, EG). Celebrating Filipino American History Month. Free. Info Rosie Daus rosemarie.daus@gmail.com

Oct 15 Sat **TOFA: Annual Luau & Fundraising Celebration**. 530-9pm at APAPA National Headquarters (4000 Truxel Rd #3, Sac). \$65/person, Table of 8 \$500. Info: www.tofainc.org

Oct 15 Sat **PACT Tween + Teen Club** for adopted and fostered teens of color. Info: 510/243-9460

Oct 15 Sat **Chinese Culture Center 51st Anniversary Gala "Harmony and Bliss."** Honorees: Michael Sangiacomo, McDonalds, Helen Hui. 6pm at Hilton SF (750 Kearny St, SF). Tickets: Justin McDonnell, Justin@c-c-c.org, 415/986-1822 X29

Oct 16 Sun **Among the Believers**, broadcast premier of the documentary examining the ideological battles shaping Pakistan by Hemal Trivedi and Mohammed Ali Naqvi, funded by CAAM in 2011. Check WORLD Channel website for the local broadcast schedule.

Oct 16 Sun **Premier showing: Crossing Donner Summit** and **Book presentation: Voices from the Bottom of the South China Sea** (Robert S. Wells). Crossing by Min Zhou chronicles a 2 day train ride from Oakland to Reno in 2015 to honor Chinese workers who built the Central Pacific Railroad. Free. 10am-noon at Great Star Theater (636 Jackson St, SF). Info: US-China Railroad Friendship Assn www.railroad150.com, 916/718-3383

Oct 17 Mon **Hooligan Sparrow**, a documentary about Ye Haiyan and her colleagues in southern China seeking justice for six elementary girls sexually abuse by their principal by Nanfu Wang. Check PBS's POV website for the local broadcast schedule.

Oct 19 Wed **Sacramento Regional Coalition for Tolerance, OCA Sacramento and Mayor-elect Darrell Steinberg: Stand Up, Speak Out Against Bullying**. National Bullying Prevention and Awareness Month press conference and youth rally. 9-11am at State Capitol West Steps. Info: Susie@WongPA.com, www.ocasacramento.org

Oct 19 Wed **ACC Senior Services "HICAP Medicare Part D Clinic."** 10am-3pm at ACC Senior Services (7334 Park City Dr, Sac). Counselors will provide an overview of Medicare's Prescription Drug Program, review eligibility requirements and assist with enrollment into Part D Plans. Free. To schedule an appointment: 916/393-9026 x330, classes@accsv.org.

Oct 19-22 **Jazz pianist Joey Alexander**, 13, from Bali performing with his trio at UCD Mondavi Center. Tickets: mondaviarts.org, 530/754-2787

Oct 22 Sat **My Sister's House Run For a Safe Haven**. 5K run/walk. 8am at William Land Park (Freeport and Sutterville Rd, Sac). Entry: \$42/adults, \$30/youth, \$15/kid. Info: info@my-sisters-house.org

sisters-house.org, www.runforasafehaven.com

Oct 22 Sat **Sacramento Rescue and Restore Coalition: SacPOST Community Day of Action**. One day can make a difference in the lives of human trafficking victims in the Sacramento area. Info: L.Rico Ozaki rico@openingdoorsinc.org

Oct 22 Sat **Opening Doors: Festival of Flavors Annual Fundraiser**. Music, food, beer, wine, silent auction. 6-10pm at Sierra 2 Center-Curtis Hall (2791 24th St, Sac). \$40/advance, \$45/door. Tickets: FestivalofFlavors2016.eventbrite.com. Info: L.Rico Ozaki rico@openingdoorsinc.org

Oct 22 Sat **American Leadership Forum: Annual Exemplary Leaders Dinner**. Hyatt Regency (Sac).

Oct 22 Sat **My Sister's House: Joe Kye Returns, a Sacramento Story Night with Jason Chu**. LA hip-hop artist performs at CLARA Performing Arts Studio. 930pm. Tickets: www.joekye.com

Oct 27 Thu APSEA Brown Bag: Achieving Success through Performance Management. See Page 8.

Oct 28 Fri **ACC Senior Services "Social Security How to Pay Less or Nothing in Taxes."** 10-11am at ACC Senior Services (7334 Park City Dr, Sac). Whether you are 55 or 75, there are ways you can minimize or eliminate income taxes on your social security benefits. Come to this informative workshop to learn effective ways to keep more of your hard-earned money. Free. To register: 916/393-9026 x330, classes@accsv.org.

Oct 28 Fri **UC Berkeley Asian American and Asian Diaspora Studies: Advancing our Legacy 2016 Fundraising Dinner**. 6pm at Cinnamon Tree Restaurant, Oakland. RSVP: ucberkeleyaaads@gmail.com

Oct 29 Sat **Locke Foundation Fundraiser for Chinese Historical Marker in Locke**. 6-8pm at Hong Kong Islander Restaurant (5675 Freeport Blvd, Sac). \$50/person, \$450/table of 10. Info: Anita Lo 916/208-2849, 5159anita@comcast.net

October 30 Sun **Iu-Mien Embroidery Exhibit**. Sponsored by Iu-Mien Community Services with funding from The Alliance for California Traditional Arts Living Cultures Grants Program. 1130am-1pm at Parkview Presbyterian Church (727 T St, Sac). Free weekly classes. Info: MienEmbroidery@gmail.com

Nov 3 Thu **ACC Senior Services "Homefit."** 5-6:30pm at ACC Senior Services (7334 Park City Dr, Sac). Through the AARP HomeFit Workshops, we show how simple do-it-yourself repairs — or even larger design projects — can help make your home work for you as you age. Many of the simple home modifications are free, while others may cost less than \$35 — and still others less than \$75. Learn smart solutions for making your home a great fit. Free. To register: 916/556-3204 or e-mail clem@aarp.org.

Nov 4 Fri **ACC Senior Services "Social Security Presentation."** 1-2pm at ACC Senior Services (7334 Park City Dr, Sac). This presentation will be about Social Security Retirement benefits. We will discuss eligibility rules such as what it means to receive benefits before, during, or after normal retirement age and eligibility requirements to receive spouse's, divorced spouse's, or widow's benefits. Free. To register: 916/393-9026 x330, classes@accsv.org.

Nov 5 Sat **PACT 1st Annual Adoptive Parents of Color Conference**. 10am-3pm at East Bay

of Religious Sciences (4130 Telegraph Ave, Oakland). A conference designed to meet the needs of families with at least one parent of color who are considering adopting, have started the adoption process or who are parenting children who joined their family through adoption and foster care. Info: www.pactadopt.org, 510/243-9460.

Nov 8 Tue **ACC Senior Services "Dementia Conversations."** 3-4pm at ACC Senior Services (7334 Park City Dr, Sac). This workshop will offer tips on how to have honest and caring conversations with family members about common difficult conversations: 1. Going to the doctor; 2. Deciding when to stop driving; and 3. Making legal and financial plans. Free. To register: 916/393-9026 x330, classes@accsv.org.

Nov 9 Wed **ACC Senior Services "Veterans Aid & Attendance Benefit and We Honor Veterans."** 11am-12pm at ACC Senior Services (7334 Park City Dr, Sac). Learn how the Veterans Aid & Attendance Pension can help defray the cost of long term care in the home, in an assisted living facility or in a nursing home. Also learn about the Yolo Hospice We Honor Veterans program and the special care given at end-of-life of a veteran. Free. To register: 916/393-9026 x330, classes@accsv.org.

Nov 10 Thu **ACC Senior Services "Veterans Burial Benefits."** 1-2:30pm at ACC Senior Services (7334 Park City Dr, Sac). Dignity Memorial serves more Veterans each year than any other funeral service organization. Join us to learn what burial and cremation benefits you're entitled to receive and how to apply for them. All workshop participants will receive a complimentary Veterans Planning Guide. Free. To register: 916/393-9026 x330, classes@accsv.org.

Nov 12 Sat **SALAM Fall Banquet**. Special guest: NYPD Capt. Jamiel Ataheri. 530pm at SALAM Community Center (4541 College Oak Dr, Sac.) \$25/person. Info: 916/979-1933, salambanquet.eventbrite.com

Nov 16 Wed **My Sister's House Conference: Crimes Against Children, Teens and Women**. Info: 916/930-0626, info@my-sisters-house.org

Nov 17 Thu **ACC Senior Services "Diabetes 101-Overview of Diabetes and its management."** 3-4:30pm ACC Senior Services (7334 Park City Dr, Sac). Free. To register: 916/393-9026 x330, classes@accsv.org.

Nov 18 Fri **ACC Senior Services "Homefit."** 10-11:30am at ACC Senior Services (7334 Park City Dr, Sac). Through the AARP HomeFit Workshops, we show how simple do-it-yourself repairs — or even larger design projects — can help make your home work for you as you age. Many of the simple home modifications are free, while others may cost less than \$35 — and still others less than \$75. Learn smart solutions for making your home a great fit. Free. To register: 916/556-3204 or e-mail clem@aarp.org.

Nov 19 Sat **CAPITAL Meeting**. 830am at Sac Sheriff Cntral Station (7600 65th St, Sac). Info: Sonney Chong, sonney.chong@att.net.

Nov 19 Sat **My Sister's House: Legal workshop on Divorce**. Info: 916/930-0626, info@my-sisters-house.org

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